## Parents as Upstanders:

## Recognizing Bullying and Taking Action



Fatma Al-Qadfan, Drama Therapist

The BBS PTA welcomes all parents to attend an interactive workshop where they will engage with Fatma Al-Qadfan to delve into the causes of bullying and to explore preventative measures. Parents will be active participants during this workshop: thinking, feeling and providing solutions that work best for the BBS community.

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## **About Fatma Al-Qadfan**

Fatma Al-Qadfan is a registered Drama Therapist, working with Fawzia AlSultan Health Network. Her interests are complex trauma, eating disorders and attachment injuries. She raises awareness on the use of creativity in achieving mental health and wellness.

**What:** A Workshop for Parents

When: Wednesday, October 10, at 6 pm

Where: ES Multi-Purpose Room

Al-Bayan Bilingual School

- \* The workshop will be conducted in English.
- \* For more details, please email pta@bbs.edu.kw or visit the PTA's Instagram page @BBSPTA
- \* ALL BBS PARENTS ARE WELCOME TO ATTEND